



ONE WORLD,

ONE MEDICINE,

ONE HEALTH

One Health Intellectual Exchange

Weekly Discussions / Course: Philosophy to Practical Integration of Human, Animal and Environmental Health

A weekly discussion series, sponsored by the **North Carolina One Health Collaborative** within the NCBC IEG Program to enhance collaborations between physicians, veterinarians, researchers and other local/global/environmental health professionals by increasing public awareness of the interconnectedness of people, animals and the environment.

(Available each spring for credit if desired)

7th 2013 Weekly Session - Tuesday, February 19

5:30 – 7:30 p.m.

What do individuals do when they are worried about feeding their families?

A discussion of the risks and benefits of using non-traditional coping strategies to ensure food sufficiency.

Benjamin Chapman, PhD, NCSU and NC Cooperative Extension

Andrea Anater, PhD, Research Triangle Institute, (RTI)

Meets Tuesdays, 5:30 – 7:30 p.m. at the North Carolina Biotechnology Center

15 T.W. Alexander Drive Research Triangle Park, NC 27709

Directions: www.ncbiotech.org/directions/

Suggestions? Ideas? Contact Cheryl Stroud, Steering Comm. Chair cms7earth@gmail.com

Add yourself to the listserv with Listserv Manager Liz Selisker, liz_selisker@ncsu.edu

For Speaker Bio's, Suggested Readings, Cancellation notices and additional background

<http://nconehealthcollaborative.weebly.com/index.htm>

<http://triangleglobalhealth.ning.com/group/tghconehealth>

<http://onehealtheducation.blogspot.com/>

For more information on the course option contact: Course TA Anne Stine anne.stine@duke.edu

Mamie Harris at UNC msharris@med.unc.edu

Chris Woods at Duke chris.woods@duke.edu

At NCSU Barrett Slenning barrett_slenning@ncsu.edu or Suzanne Kennedy-Stoskopf

suzanne_stoskopf@ncsu.edu





Dr. Ben Chapman is an assistant professor and food safety extension specialist at North Carolina State University. At NC State, and through NC Cooperative Extension, Dr. Chapman supports Extension Agents, focusing on consumer, retail and foodservice food safety issues. Dr. Chapman has designed, implemented and evaluated on-farm food safety programs; consulted for industry and government around food safety issues and conducted observation studies at community dinners, foodservice, farmers' markets and in food production settings. Much of Ben's focus is on engaging audiences through various media with the aim of creating and fostering good food safety culture.



Andrea S. Anater, PhD, MPH is a Public Health Nutrition Researcher in the Food and Nutrition Policy Research Program at RTI International. As a behavioral scientist, her work focuses on behavioral, cultural and environmental factors, and social constructs that influence health behavior change, particularly as it relates to nutrition-related chronic disease prevention and food insecurity. Much of Dr. Anater's research career has concentrated on expanding the understanding of hunger and the attendant programming and policy implications. Currently, Dr. Anater is leading a multi-institutional team Food and Nutrition Service-University of Kentucky Center for Poverty Research grant focused on improving the understanding of hunger among children in North Carolina. Prior to joining RTI, for more than 12 years, Dr. Anater performed nutrition-related programming and policy research, mainly with limited-resource populations, in academia and with non-profit and for profit organizations.

Objectives for the discussion:

1. To understand how food insecurity and hunger is officially measured in the US and who is most hungry
2. To understand why food insecurity matters in the US
3. To find out what limited resource individuals do to ensure sufficiency of their household food supply
4. To explore the risks and benefits associated with use of informal food acquisition coping strategies

Suggested readings:

Dumpster diving: 'I've found delicious tofu, cheese, eggs — that's still food!' Posting on barfblog.com, a blog where Drs. Powell, Chapman, Hubbell and assorted food safety friends offer evidence-based opinions on current food safety issues. Opinions must be evidence-based – with references – reliable and relevant. <http://barfblog.com/2012/06/dumpster-diving-ive-found-delicious-tofu-che>

Charles D, 'Don't Fear That Expired Food', Posting on NPR Morning Edition, December 26, 2012 <http://www.npr.org/blogs/thesalt/2012/12/26/167819082/dont-fear-that-expired-food>

Carr H, 'The Big Waste: Food Network Looks at Food Waste in America', online posting on January 9, 2012 on Eat, Drink, Better.com <http://eatdrinkbetter.com/2012/01/09/the-big-waste-food-network-looks-at-food-waste-in-america/>

Anater A, Williams R, Latkin CA, Food Acquisition Practices used by Food Insecure Individuals When they are Concerned about having Sufficient Food for Themselves and their Households, Journal of Hunger and Environmental Nutrition, 6: 27-44, 2011, online publication <http://www.tandfonline.com/doi/abs/10.1080/19320248.2011.549368>